



| SCROTAL RELAXATION THERAPY

XPAND SMOOTH™

Targeted Botox injections that relax scrotal muscle for a smoother, fuller appearance and less daily discomfort. Non-surgical. Minimal downtime. Results in days.

WHAT XPAND SMOOTH IS

XPand Smooth uses targeted Botox (botulinum toxin) injections to relax the dartos muscle of the scrotum. The dartos is the thin smooth muscle layer that causes the scrotum to tighten, wrinkle, and pull up in response to cold, stress, or arousal.

By reducing that muscle tone, the scrotum sits in a more relaxed, smoother state. The treatment is non-surgical, done in-office in under 30 minutes, and requires no general anesthesia. It doesn't change your anatomy or make the testicles bigger. It changes how the tissue rests, which changes how it looks and feels.

WHAT IT ISN'T: XPand Smooth does not increase testicular size or volume. It relaxes the surrounding muscle so the scrotum hangs more naturally. You may have seen this called "Scrotox." XPand Smooth™ is XSculpt's branded protocol.

WHAT IT MAY HELP WITH

Based on clinical use and patient-reported outcomes, effects include:

- **Smoother scrotal appearance.** Less wrinkling and a more even texture, so you're not self-conscious in the locker room, at the beach, or during intimacy.
- **Less tightness and retraction.** The scrotum rests in a fuller, more relaxed position instead of pulling up tight throughout the day.

- **Day-to-day comfort.** Men who deal with tightness, pulling, or discomfort from chronic scrotal retraction often report noticeable relief during exercise, sitting, and daily activity.
- **Less sweating.** Botox affects sweat glands in the treatment area, which patients commonly report as improved comfort during workouts, warmer weather, and long days.
- **More confidence during intimacy.** A more relaxed, natural appearance changes how you feel about your body when it matters most.
- **Pairs with other XPand procedures.** XPand Smooth works alongside XPand Volume™ (girth), XPand Flow™ (penile Botox), and XPand Restore™ (PRP) for a complete result.

Individual results vary. The effect depends on your anatomy, your baseline muscle tone, and how you respond to treatment.

WHO IT'S FOR

You may be a candidate if you:

- ✓ Want a smoother, more relaxed scrotal appearance
- ✓ Bothered by tightness, wrinkling, or retraction that won't let up
- ✓ Looking for relief from daily discomfort during exercise, sitting, or intimacy
- ✓ Want to reduce scrotal sweating that affects your comfort or confidence
- ✓ Already considering other XPand procedures and want a complete result

NOT A CANDIDATE IF: you have an active infection in the area or a known sensitivity to botulinum toxin. If either applies, your provider will recommend the right path at consultation.

WHAT TO EXPECT

STEP 01

CONSULT

Your provider reviews your goals, anatomy, and history, then determines if XPand Smooth alone or a combination is the right call.

STEP 02

TREATMENT

Under 30 minutes in-office. Topical numbing applied first. Most patients report minimal discomfort.

STEP 03

RECOVERY

Back to normal activity the same day. Avoid hard workouts and sexual activity for 24 hours. No direct pressure or manipulation of the area right after.

ONSET: Most men notice changes within 3 to 7 days. Full effect usually lands around 1 to 2 weeks.

DURATION: 3 to 4 months on the first round. With repeat treatments, many patients see effects lasting 5 to 6 months.

FAQS

1. HOW DOES XPAND SMOOTH WORK?

Botulinum toxin temporarily relaxes the dartos muscle in the scrotal tissue. When that muscle stops contracting, the scrotum sits smoother, fuller, and more relaxed. The effect is cosmetic and functional. Your anatomy stays the same.

2. DOES IT INCREASE TESTICULAR SIZE?

No. XPand Smooth does **not** change testicular size or volume. It relaxes the surrounding tissue, which can create a fuller, more relaxed appearance. The testicles themselves are unchanged.

3. CAN IT HELP WITH SWEATING?

Yes. Botox affects sweat glands in the treatment area. Patients commonly report less scrotal sweating, which means more comfort during workouts, warmer weather, and long days on your feet.

4. IS IT PAINFUL?

Most patients report minimal discomfort. We use topical numbing cream before treatment begins. The full procedure is done in-office and typically takes under 30 minutes.

5. IS THERE DOWNTIME?

Minimal. Most patients are back to normal the same day. For 24 hours after treatment, avoid hard workouts, sexual activity, and direct pressure to the area. After that, no restrictions.

6. HOW LONG DO RESULTS LAST?

Typically 3 to 4 months on the first round, though that varies by individual. With repeat treatments, many patients see effects lasting 5 to 6 months. Your provider will recommend a maintenance schedule based on how you respond.

7. IS XPAND SMOOTH FDA APPROVED?

Botulinum toxin products are FDA approved for multiple medical and aesthetic indications. Scrotal use is considered off-label. Off-label use is common and legal when a licensed physician determines it is appropriate for a specific patient. When performed by an experienced provider, the treatment is well tolerated. A consultation is required to confirm candidacy and discuss possible side effects.

8. CAN IT BE COMBINED WITH OTHER TREATMENTS?

Yes. XPand Smooth is commonly combined with XPand Flow™ (penile Botox), XPand Volume™ (girth), and XPand Restore™ (PRP). Ask about The XPand Protocol™ for combination pricing.

9. HOW MUCH DOES IT COST?

\$1,800 as a standalone treatment. Pricing is lower when combined with other XPand procedures. We quote final pricing at consultation once we've reviewed your goals.

THE XPAND PROTOCOL™

A comprehensive approach to male enhancement focused on size, aesthetics, confidence, and performance.

PROCEDURE	WHAT IT DOES
XPAND VOLUME™	Dermal filler for girth. The primary procedure for permanent size enhancement.
XPAND FLOW™	Penile Botox for relaxation, blood flow, and improved flaccid hang.
XPAND RESTORE™	PRP therapy for sexual wellness, circulation, and sensitivity.
XPAND OPTIMIZE™	Testosterone replacement therapy for energy, drive, and hormonal balance.

Whether you're focused on enhancement, aesthetics, or performance, **The XPand Protocol** allows treatments to be customized to your goals. Ask our team about combination pricing for multiple procedures.

NEXT STEPS

The only way to know if XPand Smooth is the right call is a consultation. We'll review your goals, anatomy, and history, then tell you straight: whether this procedure fits, whether a different XPand protocol is the better move, or whether you don't need it at all. Everything discussed stays between you and your provider. Consultations typically run 15 to 20 minutes and carry no obligation.



YOUR PROVIDER

Marc Adajar, MD

Board-Certified Surgeon

Certified in Male Enhancement, Peptide & TRT

BOOK YOUR CONSULTATION

Call or Text: 833-972-8578

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xsculpt.com

Confidential. No obligation. No pressure.

FINANCING AVAILABLE

Cherry, CareCredit, and Alphaeon Credit accepted. Ask your coordinator for current terms.

IMPORTANT MEDICAL INFORMATION

Botox® (botulinum toxin) is FDA-approved for specific medical and cosmetic indications. The use of botulinum toxin for scrotal relaxation, appearance enhancement, or comfort improvement is considered off-label. Off-label use is legal and common in medical practice when a licensed physician determines it is appropriate for a specific patient, but it has not been evaluated by the FDA for these uses. Individual results vary based on anatomy, baseline muscle tone, and response to treatment. Treatment requires written informed consent and a personal consultation. This guide is for patient education only and does not constitute medical advice or a guarantee of outcome. Botox® is a registered trademark of Allergan, Inc.