



PENILE GIRTH ENHANCEMENT

XPAND *VOLUME*TM

Non-surgical penile girth enhancement using hyaluronic acid dermal filler.
Immediate results. No incisions. Fully reversible.

WHAT XPAND VOLUME IS

XPand Volume is a non-surgical procedure that enhances penile girth, and to a lesser extent length, using hyaluronic acid (HA) dermal filler. HA is a substance naturally found in your skin that helps maintain thickness and hydration. When used as a filler, it's delivered as a soft, gel-like material via syringe directly into the penile shaft.

The procedure is done in-office under local anesthesia, takes about 45 minutes for new patients, and you go home the same day. Most patients notice a significant increase in girth right after the procedure, with results lasting several months to a few years depending on the type of filler used.

WHY HA FILLER: Hyaluronic acid is the most commonly used and widely favored filler for penile girth enhancement because of its safety profile and reversibility. If removal is ever needed, it can be dissolved with an injection of hyaluronidase, typically taking effect within 24 hours. Permanent fillers like Bellafill, PMMA, and Ellanse carry higher risks of migration, hardening, and infection, and cannot be easily reversed.

WHAT IT MAY HELP WITH

Based on clinical use and patient outcomes, effects include:

- **Enhanced girth and shape.** Most patients experience a girth increase of 1 to 2 inches, resulting in a fuller, more proportional appearance, both flaccid and erect.
- **Improved confidence and body image.** For men dealing with dissatisfaction about their size, a visible change in girth can meaningfully shift how you feel about yourself, in intimate situations and everyday life.
- **Potential for enhanced sexual experience.** Some men report improved satisfaction for both themselves and their partner, attributed to increased girth and potentially better blood flow.

- **Non-surgical with minimal downtime.** No incisions, no general anesthesia, and most patients return to their normal routine the same day. Swelling or bruising is typically temporary.
- **Customizable to your goals.** Your provider adjusts the type and amount of filler to achieve the result you want. This isn't a one-size-fits-all procedure.
- **Fully reversible.** Unlike permanent fillers or surgical implants, HA filler can be dissolved if you're unhappy with the results or want to adjust. That safety net matters.

Individual results vary. The effect depends on your anatomy, the amount of filler used, and your goals.

WHO IT'S FOR

You may be a candidate if you:

- ✓ Want a noticeable increase in penile girth without surgery
- ✓ Feel self-conscious about size in intimate situations or the locker room
- ✓ Want results you can see immediately, not months from now
- ✓ Prefer a reversible option with room to adjust over time
- ✓ Are looking for a customized treatment plan, not a generic solution

NOT A CANDIDATE IF: you have a known allergy or hypersensitivity to dermal fillers or hyaluronic acid, or an active inflammatory condition of the penis such as balanitis or acute Peyronie's disease. If either applies, your provider will discuss alternatives at consultation.

WHAT TO EXPECT

STEP 01

CONSULT

Your provider reviews your goals, anatomy, and medical history, then recommends a treatment plan including the number of syringes needed for your ideal result.

STEP 02

TREATMENT

About 45 minutes in-office. Topical numbing, local anesthesia, and fine needles. Filler is placed into the shaft for even, natural-looking enhancement.

STEP 03

RECOVERY

Go home the same day. No driver needed. Avoid sex for 1 week and hot tubs or saunas for 1 month. Follow-up visit at 2 weeks.

RESULTS: Girth increase is visible immediately after treatment. Bruising and swelling typically resolve within 1 to 2 weeks.

DURATION: Results last several months to a few years depending on the filler type. Returning patients can maintain results with fewer syringes per session.

FAQS

1. WHAT SIZE CHANGES CAN I EXPECT?

Most patients experience a girth increase of 1 to 2 inches and a length increase of approximately 10%. The filler primarily affects flaccid length rather than erect length, due to how it integrates with the tissue. Results vary based on anatomy and the amount of filler used.

2. WILL IT INCREASE MY ERECT LENGTH?

No procedure, surgical or non-surgical, can significantly increase erect length. The achievable outcome is an increase in flaccid length and girth, which improves overall appearance and size. Any claims of dramatically increasing erect length through non-surgical methods are misleading.

3. HOW LONG UNTIL I CAN HAVE SEX?

We recommend avoiding all sexual activity for 1 week. With the X-Pand Upsize technique, this is shorter than the 4-week wait required by other methods. Resuming too early can cause the filler to shift, leading to lumps that may require correction.

4. WILL IT AFFECT SENSATION DURING SEX?

Studies show men report greater satisfaction with both their sex life and appearance after the procedure. Increased girth can enhance personal satisfaction and, for some men, may help with premature ejaculation by reducing hypersensitivity. Normal penile function, erections, and urination are not affected.

5. CAN IT HELP WITH ERECTILE DYSFUNCTION?

The primary purpose is aesthetic enhancement, not ED treatment. However, some anecdotal evidence suggests potential secondary benefits: improved blood flow, reduced performance anxiety, and mild tissue expansion that may support firmer erections. It should not replace traditional ED treatments like oral medications, PRP, or penile implants.

6. WHAT ARE THE RISKS?

When performed by an experienced provider, risks are low. Possible side effects include bruising, swelling, temporary tenderness, nodule formation (usually correctable with massage or early intervention), mild inflammation, and rarely, allergic reaction. A consultation is required to confirm candidacy and discuss risks specific to you.

7. HOW IS THE PROCEDURE PERFORMED?

The area is numbed with a topical medication, followed by a small injection of local anesthetic using a fine needle. Once you're fully numb, the filler is carefully placed into the shaft. The entire procedure takes about 45 minutes for new patients. Afterward, small bandages are placed over the injection sites and you go home the same day.

8. WHAT DOES RECOVERY LOOK LIKE?

Most patients experience bruising and swelling for 1 to 2 weeks, usually resolving by the end of the second week. You can return to work and light exercise the next day. Avoid hot tubs and saunas for 1 month. When showering, let hot water run on your back rather than directly on the area. A follow-up visit is scheduled at 2 weeks.

9. HOW MUCH DOES IT COST?

The investment is \$650 to \$750 per syringe. New patients typically require 8 to 10 syringes for an optimal result. Returning patients usually need 3 to 8 syringes for maintenance. We offer package pricing and promotional discounts. If you have a specific budget, we can customize a plan that works.

THE XPAND PROTOCOL™

A comprehensive approach to male enhancement focused on size, aesthetics, confidence, and performance.

PROCEDURE	WHAT IT DOES
XPAND FLOW™	Penile Botox for relaxation, blood flow, and improved flaccid hang.
XPAND SMOOTH™	Scrotal Botox for a smoother, more relaxed appearance.
XPAND RESTORE™	PRP therapy for sexual wellness, circulation, and sensitivity.
XPAND OPTIMIZE™	Testosterone replacement therapy for energy, drive, and hormonal balance.

Whether you're focused on enhancement, aesthetics, or performance, **The XPand Protocol** allows treatments to be customized to your goals. Ask our team about combination pricing for multiple procedures.

NEXT STEPS

The only way to know if XPand Volume is the right call is a consultation. We'll review your goals, anatomy, and history, then tell you straight: how many syringes you'll need, what results to realistically expect, and whether a different XPand procedure makes more sense for you. Consultations are private, typically run 15 to 20 minutes, and carry no obligation.



YOUR PROVIDER

Marc Adajar, MD

Board-Certified Surgeon

Certified in Male Enhancement, Peptide & TRT

BOOK YOUR CONSULTATION

Call or Text: 833-972-8578

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xsculpt.com

Confidential. No obligation. No pressure.

FINANCING AVAILABLE

Cherry, CareCredit, and Alphaeon Credit accepted. Ask your coordinator for current terms.

IMPORTANT MEDICAL INFORMATION

Hyaluronic acid dermal fillers are FDA-approved for specific cosmetic indications. The use of HA fillers for penile girth enhancement is considered off-label. Off-label use is legal and common in medical practice when a licensed physician determines it is appropriate for a specific patient, but it has not been evaluated by the FDA for this purpose. Individual results vary based on anatomy, the amount of filler used, and post-treatment care. Treatment requires written informed consent and a personal consultation. This guide is for patient education only and does not constitute medical advice or a guarantee of outcome. Results described are based on clinical use and patient reports. Hyaluronidase is available as a reversal agent if filler removal or adjustment is desired.